Art and Anatomy: The Vitruvian Teen

Guide for Curriculum Unit 06.06.01
by Wendy Decter, M.D.

This unit is written as an introduction to a high school anatomy and physiology course. It is a multidisciplinary unit exploring the links between art and science. The unit is highly engaging and experiential and is based on a study of Leonardo Da Vinci's drawing of the Vitruvian man done as an illustration for Marcus Vitruvius Pollio's classic architectural writings. This famous illustration has been popularized in the book and movie "The Da Vinci Code." The final art project is the creation of the student's own life-sized "Vitruvian Teen." Students will interpret Vitruvius' work translated from the Latin as if they were Renaissance artists illustrating a translation of this ancient work, just as Leonardo was hired to do.

This unit can be readily adapted to middle and elementary school students. Each lesson can be simplified to emphasize a particular theme for the younger students. It can be used in science, studio art, art history, mathematics (proportion, measurement, and geometry), history or virtually any class by nature of its multidisciplinary lessons.

(Developed for Forensic Science and Anatomy and Physiology, grades 11-12; recommended for Measurement, Human Body, and Art, grades 4-6; and Anatomy and Physiology, Biology, Mathematics, Studio Art, and Art History, Middle and High School grades)